

### **Tracks**

**Purpose:** to provide robust mentorship and educational experiences to prepare engaged residents for fellowship, board certification, or to meet ACGME requirements.

**Engagement:** residents on these Tracks are to be self-motivated, actively working to fulfill the requirements

### **Commitment:**

- Interested residents should declare interest and meet with faculty track leader in July of internship and voice full commitment by February of internship
- In some circumstances, a highly motivated resident may join later than internship and create an individualized plan to complete all requirements by the end of residency
- Residents may disengage from track at any time

### **Tracks:**

- Sports Medicine (fellowship-bound)
- Lifestyle Medicine (board certification)
- Osteopathic Recognition (ACGME certification)

### **Areas of Concentration**

**Purpose:** to provide opportunities for mentorship, electives, and additional educational experiences in specific areas within family medicine

**Engagement:** residents interested in these areas are encouraged to meet with Faculty AOI leaders to review electives, additional educational opportunities, and mentorship. These leaders will provide assistance with creating a personalized education plan within these areas that could meet the following goals:

- Build enhanced skill set within area
- Help to explore interest in fellowship within area
- Give experiences to help build CV for fellowship within area
- Engaged in mentorship

**Commitment:** level of commitment variable, depending on depth of resident interest

### **Areas of Concentration:**

Academic Medicine  
Addiction Medicine  
Geriatrics  
Global Health  
Hospital Medicine  
Leadership

Lifestyle Medicine  
Palliative Care  
Sports Medicine  
Women's Health  
Maternity Care  
Wilderness and Rural Medicine